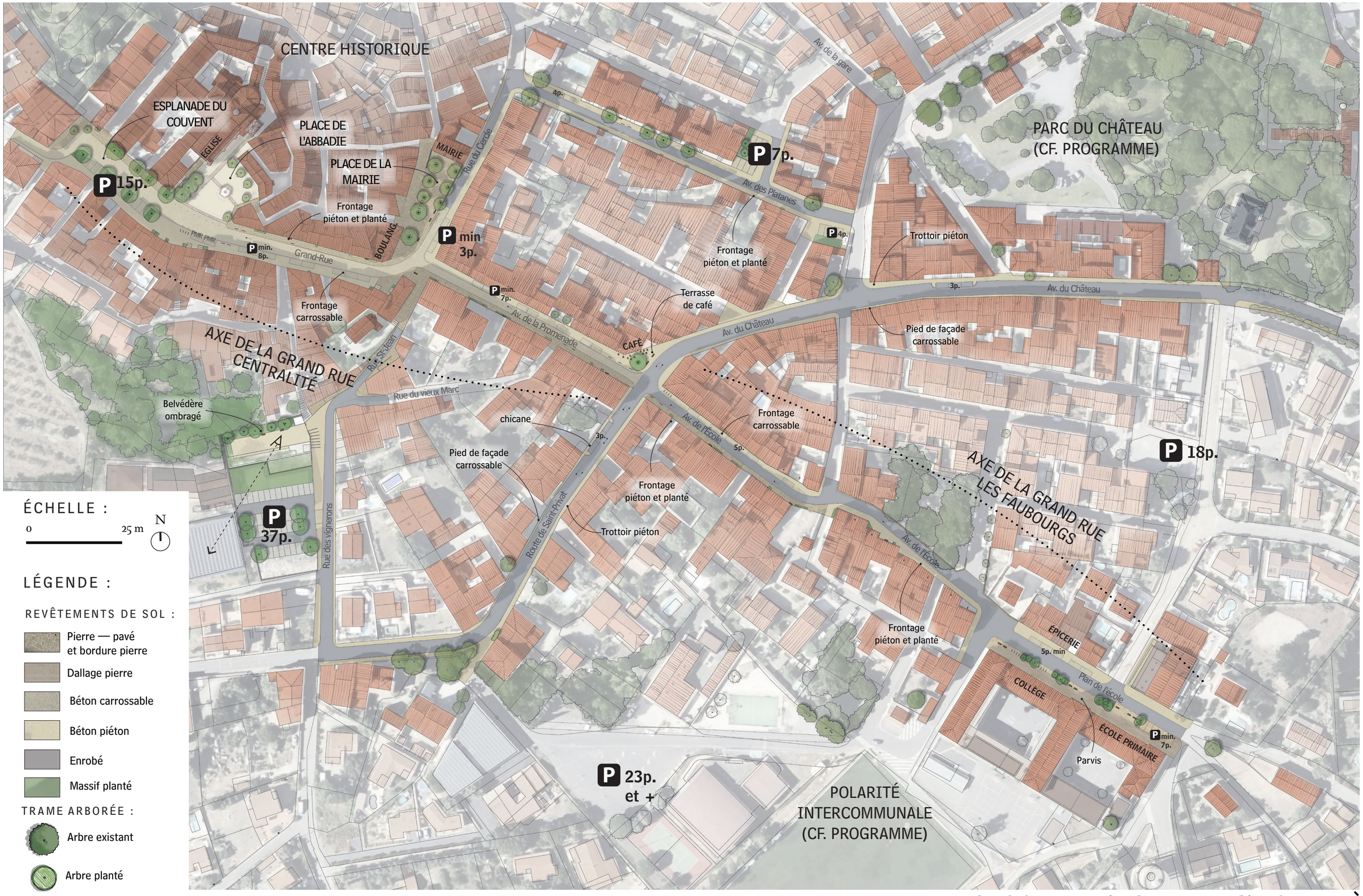PLAN D'ESQUISSE